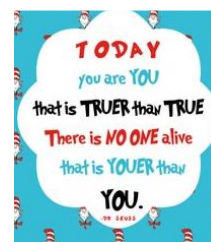


Celebrate your child for who they are.

Parents and carers can support and acknowledge children's emerging values and morals and individual ways of doing things. Parents can teach children the significance of rules and regulations and support them to develop their negotiation skills. Children enjoy sharing their options and using their skills.

These daily activities will support social and emotional development through the arts, play and creativity.



Monday	Make a den • Look for sticks and branches. • Find logs. • Hunt for interesting things to put in your den. If it is too cold or wet – make an indoor den with pillows and blankets and snuggle.
Tuesday	Music festival • Form your own band. • Make your own instruments. • Listen to music and dance along with the actions. Here are two videos to watch and dance to: songs to dance to and more songs .
Wednesday	Sort the recycling from the rubbish and make a junk model with what you can find – create a scene to use with your toys. • Use glue, sticky tape, string, paint, anything you like and let your imagination go wild! • Download junk modelling challenge cards for creative inspiration
Thursday	Treasure hunts • Go on a treasure hunt inside or outside the house. Collect anything interesting or unusual. For example, flowers, buttons, leaves and toys. • Bug hunts - how many different ones can you find?
Friday	Let's get moving • Create an obstacle course from items around the house, that includes balancing, crawling, stretching, throwing and catching.
Saturday	Cooking challenge Share the preparation for a simple meal. • Peel and chop fruit and vegetables. • Make a sandwich with a choice of fillings. • Experiment with different flavours and textures
Sunday	Give kind comments to as many people as you can today – make a poster to illustrate all the comments that are shared in your family and make a poster that shows how amazing your family is! You could make then into placements for each person.

Top Tips:

- ✓ Draw up a routine of what you are doing and when.
- ✓ Keep cardboard boxes or clean recycling objects to use for arts later.
- ✓ The emphasis is to be alongside and have fun, even if they do not win the game or things don't quite go to plan.